



# Let's have some fun!

JOIN US FOR THE JOAN NICOLE PRINCE HOME STILL HUMAN WALK/RUN VIRTUALLY!

CAN'T MAKE OUR EVENT? WANT TO DO A LITTLE
EXTRA? HERE IS YOUR GUIDE TO JOIN US VIRTUALLY

Still Human Walk/Run Joolkit

NEXT STEPS





# LET'S GET STARTED

Make it an event to remember!

NOW THAT YOU ARE REGISTERED, IT IS TIME TO GET YOU STARTED!
JOIN US THROUGHOUT MAY BY FOLLOWING THESE STEPS:





#### TELL EVERYONE YOU REGISTERED!

TELL OTHERS ABOUT YOUR COMMITMENT TO THE JOAN NICOLE PRINCE HOME & THE EVENT! SHARE THE NEWS ON SOCIAL MEDIA, ENCOURAGE OTHERS TO JOIN VIA EMAIL OR TEXT, AND BRING AWARENESS TO OUR CAUSE.



#### **CONSIDER FUNDRAISING**

CONSIDER HELPING THE JNP HOME REACH THEIR FUNDRAISING GOAL OF \$5,000 DURING THE STILL HUMAN WALK/RUN BY CREATING YOUR OWN PERSONAL FUNDRAISING PAGE & DOWNLOADING THE STILL HUMAN FUNDRAISING TOOL KIT FOUND AT WWW.JOANNICOLEPRINCEHOME.ORG/STILLHUMAN



#### REPRESENT

SHOW OFF YOUR PRIDE FOR THE JOAN NICOLE PRINCE HOME & OUR MISSION BY WEARING YOUR STILL HUMAN EVENT T-SHIRT OR PRINT OUT THE STILL HUMAN WALK/RUN BIB TO WEAR DURING YOUR WALK OR RUN! DON'T FORGET TO SHARE YOUR PARTICIPATION ON SOCIAL MEDIA USING THE HASHTAGS #STILLHUMAN & #JNPH OR BY EMAILING US A VOLCOORJNP@GMAIL.COM.



#### WALK/RUN THROUGHOUT MAY

KEEP THE SPIRIT OF THE JNPH STILL HUMAN WALK/RUN BY WALKING OR RUNNING THROUGHOUT MAY 2024. YOU DON'T NEED TO RECORD YOUR TIME, THE DATE YOU WALKED/RAN, OR HOW MANY TIMES YOU DID- WE JUST NEED YOUR SUPPORT! ENCOURAGE OTHERS TO JOIN YOU & MAKE IT FUN WITH OUR FUN IDEAS FOUND IN THIS PACKET. DON'T FORGET TO SHARE YOUR PARTICIPATION WITH US & OTHERS!



#### MAKE IT FUN!

MAKE THE MONTH OF MAY & THE STILL HUMAN EVENT A MOMENT TO REMEMBER! MAKE IT FUN BY STARTING A RACE, A CHALLENGE, OR GETTING OUT INTO NATURE DURING YOUR WALK OR RUN. GET CREATIVE AND ENCOURAGE YOUR FAMILY & FRIENDS TO JOIN IN THE FUN WITH YOU!



# SHOW YOUR PRIDE

PICK UP YOUR T-SHIRT ON MAY 6TH AT SCHENECTADY CENTRAL PARK BEFORE YOUR WALK OR RUN!

IF YOU ARE VIRTUALLY WALKING/RUNNING PRINT OUT OUR VIRTUAL BIB, SHOW IT OFF IN A PICTURE OR WEAR IT DURING YOUR WALK/RUN.

DON'T FORGET TO USE OUR HASHTAGS TO SHARE ON SOCIAL MEDIA & ENCOURAGE OTHERS TO JOIN!



### TIP: USE THESE MESSAGES WHEN SHARING ON SOCIAL MEDIA

" I'VE REGISTERED FOR THIS YEAR'S JOAN NICOLE PRINCE HOME STILL HUMAN WALK/RUN FOR MAY 2024. I'M WALKING BECAUSE (REASON FOR WALKING) & THEY NEED YOUR HELP TOO! REGISTER TODAY AT WWW.JOANNICOLEPRINCEHOME.ORG "

" DID YOU KNOW ABOUT THE JNP HOME IN SCOTIA? THEY CARE FOR TERMINALLY ILL INDIVIDUALS IN NEED AT THE END OF LIFE, FREE OF CHARGE, IN OUR COMMUNITY! SHOW YOUR SUPPORT BY JOINING THEIR 2024 STILL HUMAN WALK/RUN! REGISTER TODAY AT WWW.JOANNICOLEPRINCEHOME.ORG. "



# VIRTUAL WALK/RUN BIB







### **FUNDRAISE**

HELP THE JNP HOME RAISE MORE DURING THE EVENT!

START FUNDRAISING BY CREATING YOUR OWN PERSONAL FUNDRAISING PAGE & DOWNLOADING OUR STILL HUMAN FUNDRAISING TOOL KIT!

HERE ARE SOME TIPS TO GET YOU STARTED:



#### CREATE A LIST OF EVERYONE YOU KNOW

DON'T FORGET CASUAL ACQUAINTANCES, THEY WILL RECOGNIZE YOUR COMMITTMENT TO A WORTHY CAUSE.



#### DON'T BE AFRAID OF "THE ASK"

YOU WON'T KNOW IF SOMEONE CAN HELP UNTIL YOU ASK! AND REMEMBER THE WORST THING THAT CAN HAPPEN IS THEY SAY NO! DON'T TAKE THINGS PERSONALLY & STAY FOCUSED ON THE CAUSE.



#### MAKE IT PERSONAL

SHARING A PERSONAL STORY OR MESSAGE CAN PULL IN DONORS WHO RELATE & A HAND WRITTEN NOTE WILL MAKE POTENTIAL SUPPORTERS FEEL SPECIAL.



#### SHOW YOUR PASSION

SHARE WHY YOU ARE EXCITED & PASSIONATE ABOUT RAISING FOR THE CAUSE! THE CAUSE IS IMPORTANT TO YOU- LET EVERYONE KNOW WHY. THIS NOT ONLY HELPS RAISE FUNDS BUT BRINGS AWARENESS TO THE CAUSE.



#### MAKE IT EASY

MAKE IT EASY TO DONATE! GIVE POTENTIAL DONORS OPTIONS, FOR INSTANCE, ONLINE DONATING, CASH DONATIONS, MAIL-IN DONATIONS. OR TAKE THE EXTRA STEP & PICK UP THE DONATION.



#### SET A GIVING DEADLINE

A DEADLINE WILL KEEP YOU MOTIVATED & ORGANIZED! ASK FOR DONATIONS TO BE MADE PRIOR TO THE EVENT'S END DATE SO THE ORGANIZATION CAN HAVE AN ACCURATE COUNT FOR THE EVENT.



#### SEND REMINDERS

KEEP A LIST OF THOSE YOU HAVE REACHED OUT TO, SEND A REMINDER TO THOSE WHO HAVE NOT DONATED YET. DON'T FORGET TO SEND FUNDRAISING UPDATES WHEN YOU SEND REMINDERS!



#### RECOGNIZE YOUR DONOR!

ALWAYS ACKNOWLEDGE A DONATION & DONORS. IT BUILDS RAPPORT FOR FUTURE DONATIONS, REMINDS THE DONOR THEY ARE APPRECIATED & ENCOURAGES OTHERS TO DONATE TOO.



# HONOR YOUR LOVED ONE

MAKE THE STILL HUMAN WALK/RUN IMPACTFUL FOR YOU & YOUR FAMILY.

A FEW TIPS ON HOW TO HONOR OR REMEMBER YOUR LOVED ONE DURING YOUR WALK OR RUN:



WALK OR RUN AT YOUR LOVED ONES FAVORITE PLACE, IE. FAVORITE PARK OR NEIGHBORHOOD





DIY YOUR T-SHIRT & PERSONALIZE IT WITH
MESSAGES OR YOUR LOVED ONES FAVORITE
OUOTES



MAKE A PLAYLIST OF YOUR LOVED ONES FAVORITE

MUSIC TO TAKE WITH YOU



FOR EVERY MILE YOU COMPLETE, SHARE A SPECIAL MEMORY OF YOUR LOVED ONE



BRING A PICTURE OF YOUR LOVED ONE WITH YOU



PLAN A POST-WALK/RUN MEAL WITH YOUR LOVED
ONES FAVORITE FOODS

SEND YOUR LOVED ONE A SILENT PRAYER OR WISH
PRIOR TO YOUR WALK OR RUN



### **MAKE IT FUN**

#### MAKE THE EVENT FUN FOR YOUR FAMILY & FRIENDS!

PLAY SOME GAMES, START A RACE, OR DO A CRAFT, THE STILL HUMAN WALK/RUN IS FOR EVERYONE. FIND SOME FUN IDEAS BELOW.

# DON'T FORGET TO SHARE WITH US USING THE HASHTAGS #STILLHUMAN & #JNPH





#### **HAVE A RACE**

MARK YOUR ROUTE WITH THE STILL HUMAN MILE MARKERS & RACE YOUR FAMILY AND FRIENDS! SEE WHO CAN GO THE FASTEST, WHO CAN RUN THE FARTHEST AND MORE. MAKE YOUR OWN AWARDS FOR THE WINNERS, EVEN HOLD YOUR OWN AWARDS CEREMONY.



#### CHALLENGE YOUR FRIENDS & FAMILY

CHALLENGE YOUR FRIENDS AND FAMILY TO WALK OR RUN A GIVEN AMOUNT EACH WEEK OF MAY! THE JNP STAFF WILL BE WALKING FOR 15 MINUTES EVERY WEDNESDAY. DON'T FORGET TO WEAR YOUR T-SHIRT OR BIB WHEN WALKING OR RUNNING!



#### DECORATE YOUR WALK/RUN ROUTE

GET CREATIVE AND DECORATE YOUR ROUTE! PAINT ROCKS WITH WORDS OF ENCOURAGEMENT, PLACE THE STILL HUMAN POSTERS, OR HAVE FAMILY & FRIENDS DRAW OR WRITE THEIR FAVORITE MOMENTS WITH A LOVED ONE YOU ARE HONORING WITH CHALK ALONG THE ROUTE.



#### HAVE A SCAVANGER HUNT

WANT TO GET EVERYONE IN YOUR FAMILY INVOLVED IN THE EVENT? PRINT OUT THE STILL HUMAN SCAVENGER HUNT CHECKLIST, SET A TIME LIMIT & LET THE FUN BEGIN! WEAR YOUR T-SHIRTS & SHARE YOUR COMPLETED CHECKLISTS ON SOCIAL MEDIA USING OUR HASHTAGS: #STILLHUMAN & #JNPH



#### MAKE A PLAYLIST

MAKE A PLAYLIST ON YOUR FAVORITE MUSIC SERVICE FOR YOUR WALK OR RUN! CHOOSE SONGS THAT MAKE YOU SMILE, REMIND YOU OF A LOVED ONE, OR JUST GET YOU MOTIVATED. CHECK OUT THIS PLAYLIST FOR INSPIRATION.



#### SPREAD THE WORD

PRINT OUT THE STILL HUMAN POSTERS & POST THEM IN YOUR COMMUNITY DURING YOUR WALK OR RUN! YOU MIGHT FIND SOME NEW PLACES TO TRY OR MEET NEW PEOPLE WHILE SPREADING AWARENESS!



#### GO PLOGGING!

CLEAN UP YOUR COMMUNITY DURING YOUR WALK OR RUN BY "PLOGGING" (JOGGING & PICKING UP LITTER)! SIMPLY BRING A PAIR OF GLOVES AND A BAG TO PICK UP LITTER ALONG YOUR ROUTE.

# STILL HUMAN MILE MARKERS

# JOAN NICOLE PRINCE HOME still human



MILE



PRINT AS MANY AS YOU'D LIKE & WRITE THE NUMBER OF MILES HERE



# STILL HUMAN POSTER



# still human



WALK / RUN

JOIN US FOR A WALK/RUN EVENT

May 4th, 2024

& SHOW SUPPORT TO THOSE MOST IN NEED AT THE END OF LIFE

© SCHENECTADY CENTRAL PARK 7:30AM - 10:30AM

T-SHIRTS GUARANTEED FOR PRE-REGISTRATION BEFORE 4/5/2024

More Information & Registration: www.joannicoleprincehome.org/stillhuman

#### JOIN US TO SUPPORT THE JOAN NICOLE PRINCE HOME!

A COMMUNITY HOME DEDICATED TO PROVIDING A SAFE, COMFORTABLE, AND CARING RESIDENCE FOR TERMINALLY ILL PATIENTS DURING THEIR FINAL DAYS.



# STILL HUMAN SCAVENGER HUNT

YOU HAVE MINUETS TO COMPLETE.		
CHECK OFF THE CIRCLE WHEN YOU FIND THE ITEM: WHEN TIME IS UP, SEE WHO FOUND THE MOST ITEMS!		
MAIL BOX	SOMETHING RED	BENCH
STREET LIGHT	RED CAR	BUS
WOODEN GATE	CHIMNEY	TRUCK
STOP SIGN	BUMPER STICKER	FLAG
LETTER G	DOG	FIRE HYDRANT
BRICKS	GARBAGE CAN	NUMBER 7
CAT	BIKE	DELIVERY TRUCK
YELLOW HOUSE	RED DOOR	SQUIRREL
STROLLER	BLUE HOUSE	BASKETBALL HOOP
TAKE A PICTURE OF OR WITH: WHEN TIME IS UP, VOTE ON WHICH PICTURE "WINS" EACH CATEGORY		
A BUG	FUNNIEST STREET NAME	SOMETHING UGLY
THE WEIRDEST THING	SOMETHING GROSS	SOMETHING PRETTY
SOMETHING COLORFUL	SILLIEST DECORATION	THE TALLEST TREE



# **GET INFORMED**

#### WHAT IS THE JNP HOME?

SCHENECTADY COMMUNITY HOME, ALSO KNOWN AS THE JOAN NICOLE PRINCE HOME, IS A TWO-BED 501(C)(3) NON-PROFIT COMFORT HOME THAT PROVIDES END-OF-LIFE CARE SERVICES FOR TERMINALLY ILL INDIVIDUALS THAT ARE NO LONGER ABLE TO RECEIVE QUALITY CARE IN THEIR COMMUNITY. THESE INDIVIDUALS ARE THOSE WITH A PROGNOSIS OF THREE MONTHS OR LESS WHO HAVE THE FEWEST OPTIONS AND THE MOST NEED AT THEIR END OF LIFE.

WITH THE ASSISTANCE OF THE COMMUNITY HOSPICE, WHICH PROVIDES THE MEDICAL MANAGEMENT OF RESIDENTS, CARE IS PROVIDED BY FOUR EMPLOYEES, VOLUNTEER CAREGIVERS, AND NON-RESIDENT CARE VOLUNTEERS MONDAY THROUGH SUNDAY, 24/7. WHILE THE HOME IS NOT A MEDICAL FACILITY, IT OFFERS A CONTINUUM OF SERVICES THAT ARE HOLISTIC AND PATIENT-CENTERED FOCUS, WITH ATTENTION TO PHYSICAL, EMOTIONAL, SOCIAL, FINANCIAL NEEDS, AND SUPPORT FOR RESIDENT'S FAMILIES AND LOVED ONES. THESE SERVICES ARE PROVIDED FREE OF CHARGE TO EVERY RESIDENT.



ELIGIBLE RESIDENTS MUST BE ON THE LOCAL COMMUNITY HOSPICE PROGRAM, HAVE A PROGNOSIS OF THREE MONTHS OR LESS, HAVE AN ACTIVE DNR (DO NOT RESUSCITATE) ORDER, ARE A RESIDENT OF SCHENECTADY COUNTY OR THE SURROUNDING COUNTIES, ARE UNABLE TO LIVE ALONE, OR HAVE AN INADEQUATE CAREGIVING SYSTEM. THOSE WHO ARE ELIGIBLE HAVE THE FEWEST OPTIONS AND THE MOST NEED AT THE END OF LIFE.

#### HOW IS THE JNP HOME FUNDED?

THE JNP HOME IS RUN SOLELY ON COMMUNITY SUPPORT, DONATIONS & GRANTS AND DOES NOT RECEIVE ANY FINANCIAL ASSISTANCE FROM THE STATE/FEDERAL GOVERNMENT OR INSURANCE REIMBURSEMENT. SEVERAL FUNDRAISING EVENTS ARE HELD EACH YEAR TO SUPPORT THE HOME. DONATIONS MAY BE MADE VIA SNAIL MAIL OR THE JNP WEBSITE; IN-KIND DONATIONS CAN BE DELIVERED OR SHIPPED TO THE HOME.

# what does still human mean?

STILL HUMAN IS AN AWARENESS CAMPAIGN BASED ON THE DYING PERSON'S BILL OF RIGHTS. WITH THE STILL HUMAN CAMPAIGN, THE JNP HOME HOPES TO BRING A NEW TOMORROW, WHERE EVERY INDIVIDUAL AT THE END OF LIFE IS TREATED AS A HUMAN BEING, WITH COMFORT, RESPECT, & DIGNITY.

#### WHAT IS THE DYING PERSON'S BILL OF RIGHTS?

THE DYING PERSON'S BILL OF RIGHTS WAS DEVELOPED IN 1975 DURING A CONFERENCE ON "HELPING TERMINALLY ILL PATIENTS & THE HELPING PERSONS". THROUGHOUT THE BILL OF RIGHTS, WE ARE REMINDED THAT ILLNESS DOES NOT REMOVE THE RIGHT TO BE RESPECTED AT THE END OF LIFE. TO LEARN MORE ABOUT THE DYING PERSON'S BILL OF RIGHTS <u>VISIT</u> <u>OUR WEBSITE</u>.



# how to volunteer:

ALL TALENTS CAN BE USED WHILE
VOLUNTEERING AT THE JOAN
NICOLE PRINCE HOME! ALL
RESIDENT CARE VOLUNTEERS
RECEIVE EXTENSIVE TRAINING,
MENTORING WITH EXPERIENCED
PERSONNEL AND ONGOING
SUPPORT. VOLUNTEERS CAN
LOOK FORWARD TO A FLEXIBLE
SCHEDULE, WITH VARYING
OPPORTUNITIES, AND A
FRIENDLY COMMUNITY.

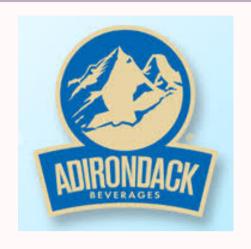
# VOLUNTEER POSITIONS:

RESIDENT CARE
MAINTENANCE
FUNDRAISING
OFFICE
FRIENDLY VISIT
COOKING
HOUSEKEEPING
OUTREACH
SEASONAL CARE

SIGN UP TO VOLUNTEER <u>HERE</u>.



# THANK YOU TO OUR SPONORS!

































# THANK YOU TO OUR SPONORS!











































# THANK YOU TO OUR SPONORS!









































CINEMAS











